NEWSLETTER

A4HU
ACTION 4 HEALTH UGANDA



OCTOBER 2026

AMPLIFYING YOUTH VOICES AT THE 2026 WORLD HEALTH SUMMIT



Sarah Kintu, CEO A4HU, gives her address

The Chief Executive Officer of Action 4 Health Uganda (A4HU), Sarah Kintu, participated in the 2026 World Health Summit in Germany, engaging in discussions on global health priorities, sexual and reproductive health and rights (SRHR), and young people's wellbeing.

Despite efforts to secure their participation, young delegates from Uganda were unable to attend due to visa challenges, raising concerns about the barriers young people face in accessing global platforms where decisions affecting their lives are discussed.

Drawing on A4HU's experience in youth-centred SRHR programming, Sarah engaged with key stakeholders, including Georg Kippels, Parliamentary State Secretary at Germany's Federal Ministry of Health. Their discussions explored opportunities to strengthen health systems in Uganda and Kenya and improve access to healthcare.



Sarah Kintu(middle) with Georg Kippels, Parliamentary State Secretary at Germany's Federal Ministry of Health (to her left)

Key issues raised included cervical cancer, teenage pregnancy, preventive healthcare, Universal Health Coverage, the role of technology and social media, and the need for greater male involvement in SRHR.

A4HU's partner, DSW, co-hosted the Summit Dialogue under the theme “Phoenix Rising: Practical Approaches to SRHR in the New Reality.” The discussions underscored the importance of new partnerships, locally led solutions and sustained commitment to advancing SRHR.
For A4HU, meaningful progress must also include amplifying young people's voices in global health decision-making.





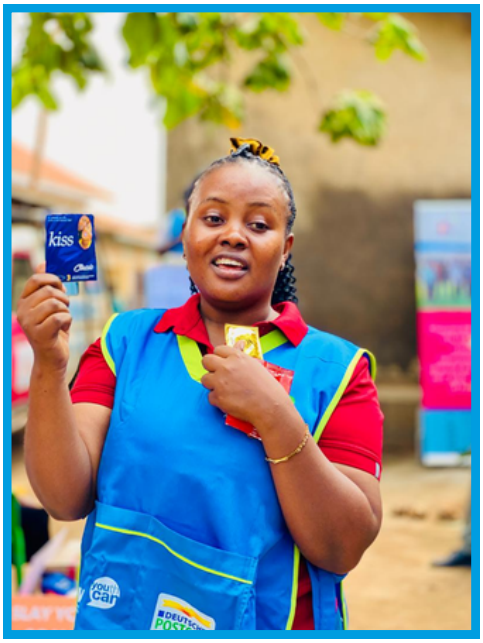
KAMPALA YOUTH EMPOWERMENT CENTRE: CONNECTING YOUNG PEOPLE TO HEALTH SERVICES AND OPPORTUNITIES

To address the need for youth-friendly health information and services, Action 4 Health Uganda (A4HU), with funding from BMZ under the Empower Youth Project (2021–2024) and in collaboration with Kampala Capital City Authority, renovated the Youth Corner at Kitebi Health Centre in 2024. The Kampala Youth Empowerment Centre (YEC) established an office within the facility, strengthening links between community-based youth initiatives and healthcare services.

Today, peer educators work alongside health workers to provide health talks, individual support, outreach and referrals, contributing to the 140–200 young people served daily at Kitebi. Beyond health services, the YEC partnered with WEZESHA Impact to equip young people with entrepreneurship and leadership skills.

All these efforts have enabled 28 adolescent girls and young women (AGYW) to start businesses, linked 30 young people to mental health care, and equipped 214 with entrepreneurship, leadership and business knowledge, demonstrating the centre's continued impact beyond its original project funding.

HEALTH & SRHR



SKILLS & ENTREPRENEURSHIP



YOUTH PARTICIPATION



TASO TB CAST ACTIVITY SUCCESS



Panelists during the TB talk show on Biso FM

Reaching people where they live, work and interact is essential in the fight against tuberculosis. Through the TASO/Global Fund programme, Action 4 Health Uganda (A4HU) took TB awareness and screening services to communities in Buliisa District during a five-day outreach conducted from 12–16 October 2026.

Covering Ngwedo, Butiaba and Buliisa Town Council, the activity reached 1,593 people across six villages and 394 households. Through household visits, community sensitisation and a radio talk show on Biso FM, residents learnt about TB symptoms, prevention, transmission and the importance of seeking early treatment.

One of the outreach's most notable achievements was identifying a 56-year-old man with multidrug-resistant TB (MDR-TB). Having moved from Pakwach District to Buliisa for work, he had experienced a relapse but was unable to continue accessing treatment in his former community. Following his positive result, a CHEW followed up and facilitated his re-initiation on treatment. His contacts were also traced for possible screening.

The teams collected 178 sputum samples, of which 50 had been tested by the time of reporting. One tested positive, two samples were rejected and 126 were awaiting testing.

The experience reaffirmed the importance of taking health services closer to communities, particularly for mobile and underserved populations. It also highlighted the need for strong coordination between community health teams, facilities and laboratories to ensure that screening leads to timely diagnosis and care.

A4HU appreciates the District Health Team, CHEWs, VHTs and local leaders for their commitment and collaboration.

POWER LADY RECOGNISED WITH AWARD

LinkedIn Post: https://lnkd.in/p/dutdpTPR



Sandra (middle) receives her award

Sandra Naluzze, Founder of Clearmon, Uganda, won the innovation award at the National Girl Champion 2026, organized by the Kaleke Kasome Foundation and the Ministry of Gender, Labour, and Social Development.

Her focus is on alcoholism and drug addiction among young people in Mpigi District.

Sandra was part of the POWER Cohort 5 young women entrepreneurs which was implemented by Action 4 Health Uganda in partnership with Makerere School of Public Health and Social Innovation in Health Initiative (SIHI).

CONGRATULATIONS!

ACTION 4 HEALTH UGANDA

INSPIRING YOUNG PEOPLE TO REALISE THEIR FULL POTENTIAL

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