

NEWSLETTER



AUG-SEPT
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A4HU GETS NEW BOARD CHAIR



Jane Mpagi is a distinguished gender and social development expert with over 40 years of experience advancing human rights, gender equality, social inclusion, and women's empowerment in Uganda and beyond.

Her career spans more than two decades in policy analysis, coordination, monitoring and evaluation, complemented by extensive experience in programme implementation and development consultancy. She has provided technical expertise to Government agencies, United Nations agencies, the African Development Bank, civil society organisations and private sector institutions, contributing to the development of gender policies, strategies, programmes, tools, policy briefs and evaluations. Ms. Jane brings deep knowledge of Uganda's gender, equity, and

social development landscape, with expertise spanning social protection, youth, orphans and other vulnerable children, older persons, persons with disabilities, and community development. She has supported ministries, departments, agencies, and sectors in developing policies, strategic plans, standards, and guidelines that promote equitable and inclusive development.

A strong advocate for gender-responsive governance and development, Jane has contributed to gender mainstreaming within National Development Plans, sector policies and budget frameworks. She has also supported participatory gender audits, gender analysis and capacity building, and pioneered work in gender-responsive budgeting. Her experience further includes programmes addressing gender-based violence and the economic empowerment of women, young people and persons with disabilities.

With extensive knowledge of national, regional, and global gender and equity frameworks, Jane brings a strong understanding of how local realities connect to international development commitments. She is skilled at building relationships and engaging diverse state and non-state stakeholders, while bringing a strong appreciation of culture, inclusion and diversity to her work.

Ms. Jane was recently appointed by the President of Uganda, H.E. Y.K. Museveni, as the Deputy Chairperson of the Public Service Commission.

As Board Chairperson, Ms. Jane brings decades of institutional knowledge, strategic leadership and a deep commitment to human rights, gender equality and inclusive development, strengthening the organisation's governance and its mission to create lasting impact for young people and communities.



Ms Jane Mpagi (middle holding a handbag) and other A4HU Board Members after a Board Meeting on 24th September 2026

AMUKA LAUNCHES IN OYAM TO TACKLE TEENAGE PREGNANCY AND HIV VULNERABILITY



On 25th September 2026, Action 4 Health Uganda (A4HU) launched AMUKA – R!se-Up Against Teenage Pregnancy and HIV/AIDS, a three-year project aimed at reducing teenage pregnancy and HIV vulnerability among adolescents and young people in Oyam District.

AMUKA will bring together adolescents, families, schools, health facilities, communities and district structures to strengthen prevention and support systems. The project will focus on life-skills education, peer mentorship, adolescent-responsive health services, stronger referral and protection systems, and community engagement.

At the inception meeting, A4HU presented findings from the project's feasibility study, providing evidence to guide interventions based on the realities and needs of young people in Oyam. District leaders and stakeholders welcomed the initiative and highlighted the importance of collaboration and building on existing systems.

Officially launching the project, Commissioner for Youth Affairs Mr. Mondo Kyateka called for collective action from government, families, communities, cultural and religious leaders, civil society and young people.

AMUKA reflects A4HU's commitment to creating an environment where adolescents are informed, protected, supported and empowered to make healthy decisions and realise their full potential.



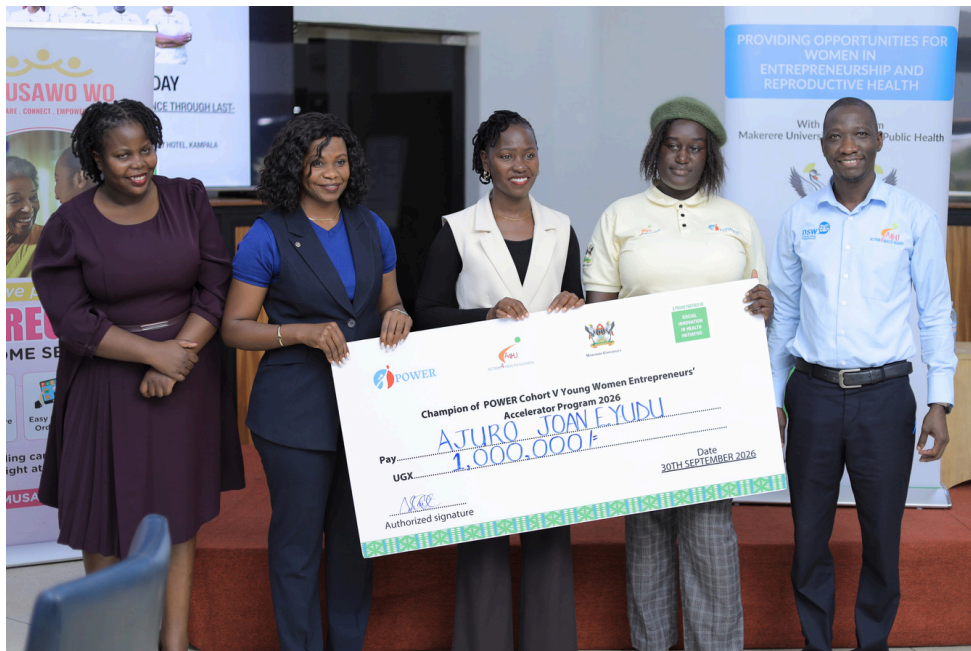
Officials pose for a photo after the inception meeting of the project on 25th September 2026 in Oyam District

POWER COHORT 5 DEMO DAY 11 YOUNG WOMEN INNOVATORS GRADUATE

Article link: <https://a4huganda.org/blogs/celebrating-innovation-11-young-women-entrepreneurs-pitch-impactful-health-solutions/>

On 30th September 2026, 11 young women entrepreneurs from POWER Cohort 5 took the spotlight at a vibrant pitch competition, showcasing innovative solutions addressing some of Uganda's most pressing health challenges. The event culminated in the selection of a champion and two runners-up.

Hon. State Minister for Youth, Dr. Lakisa Faith Mercy, graced the competition, joined by officials from the Ministry of Gender, Labour and Social Development and partner organisations. In her address, she urged the innovators to dream big and pursue global reach, reminding them that "resilience is the engine, not seed capital."



Ajuro Joan Eyudu, Founder of Afya Pesa, emerged as champion for her digital health financing platform that helps young people save and access funds for healthcare while building financial and health literacy. She received a cash prize of UGX 1,000,000.

Itungu Jovulean, Founder of RuralMed Wagon, was the first runner-up, recognised for bringing affordable healthcare closer to remote communities.

She received a cash prize of UGX 500,000 to help scale her business further.



Maria Rinah Namatovu, Founder of the Teen Mother Support Hub, emerged second runner-up for connecting pregnant teenagers to health information, counselling, mentorship and support.

Beyond the top three, all participants will receive seed capital to grow their ventures. POWER has now supported 66 young women entrepreneurs, who collectively employ more than 300 young people.



CONGRATULATIONS TO ALL THE INNOVATORS!

YOUTH TRUCK ON THE GO RIGHTS BASED TRAINING



In August, the Youth Truck brought rights-based health education and financial skills directly to young mothers at Katoogo Health Centre III in Mukono District. Working alongside trained facilitators, the team equipped participants with knowledge about their health rights while also introducing practical skills in making liquid soap for commercial purposes. The sessions gave young women an opportunity to strengthen their confidence, make informed health decisions and explore ways to improve their household incomes through small-scale entrepreneurship.



Liquid soap making session



On the go rights based training on health rights

GBV TRAINING AT CHANCE FOR CHILDHOOD



The girls pose with a placard reading MY LIFE MY PRIORITY

Girls at Chance for Childhood in Namuwongo, Kampala, recently participated in a two-day training on gender-based violence (GBV), rights and gender equality on 15th and 16th September 2026.

Using interactive approaches such as body mapping, group discussions, scenarios, songs and reflection, the girls explored their rights, bodily autonomy and how to recognise controlling and abusive behaviours.

One powerful moment came during introductions when each participant described herself as a “Coach”—reflecting their belief that everyone has something to teach and something to learn from others.

The training also challenged assumptions about what women and men “should” do. Through group discussions, the girls explored how culture, religion and social expectations shape gender roles and learned that these roles are not fixed.

By the end of the sessions, participants could identify ways to speak up when their rights are violated, communicate safely, and identify where to seek help and report abuse.

The training strengthened their confidence to know their rights, challenge harmful expectations and take action to protect themselves and others.



Body mapping session



INSPIRING YOUNG PEOPLE TO REALISE THEIR FULL POTENTIAL

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