NEWSLETTER

A4HU
ACTION 4 HEALTH UGANDA

JUNE
2026

YOUTH TRUCK
TAKING YOUTH-FRIENDLY HEALTH SERVICES CLOSER TO COMMUNITIES

Bringing youth-friendly health services directly to where young people live and work remains central to our community outreach. The Youth Truck, a mobile health vehicle equipped with a solar-powered public address system, joined youth from Mukono Youth Empowerment Centre for an interactive SRHR roadshow in Kateete Village, Kigogola Parish, Kasawo Sub-county, Mukono District.

The outreach provided HIV testing and counseling, family planning information and services, condom distribution, and IEC materials on HIV and family planning. Young people also participated in an engaging Luga Flow competition and SRHR question-and-answer session, with branded hooded jumpers awarded to winners.

The initiative reached diverse groups, including commercial sex workers, market vendors, and boda boda riders. By bringing services closer to communities, the outreach helped reduce barriers to access, promote informed choices, and empower young people to take charge of their health.

EMPOWERING COMMUNITY HEALTHCARE PROVIDERS FOR BETTER FAMILY PLANNING OUTCOMES

The Flying Nurses and Queen Bees successfully completed a two-day refresher training aimed at strengthening the delivery of quality, youth-friendly family planning services in Mityana District. Facilitated by the Mityana District Family Planning trainers in collaboration with the DKT Uganda team, the training enhanced participants' knowledge of a wide range of contraceptive options, including KISS condoms, emergency contraceptive pills, Depo-Provera, and intrauterine devices (IUDs).

Beyond product knowledge, the sessions emphasized effective client communication, empathetic counseling, and practical skills through interactive role-plays and real-life scenarios.

These competencies will enable healthcare providers to offer accurate information, support informed decision-making, and improve the overall client experience. The refresher training reflects our commitment to continuous learning and strengthening community-based reproductive health services. We appreciate our partners and the dedicated participants for their commitment to improving access to quality family planning services.

BRINGING OPPORTUNITIES, SKILLS AND HEALTH SERVICES CLOSER TO YOUNG PEOPLE

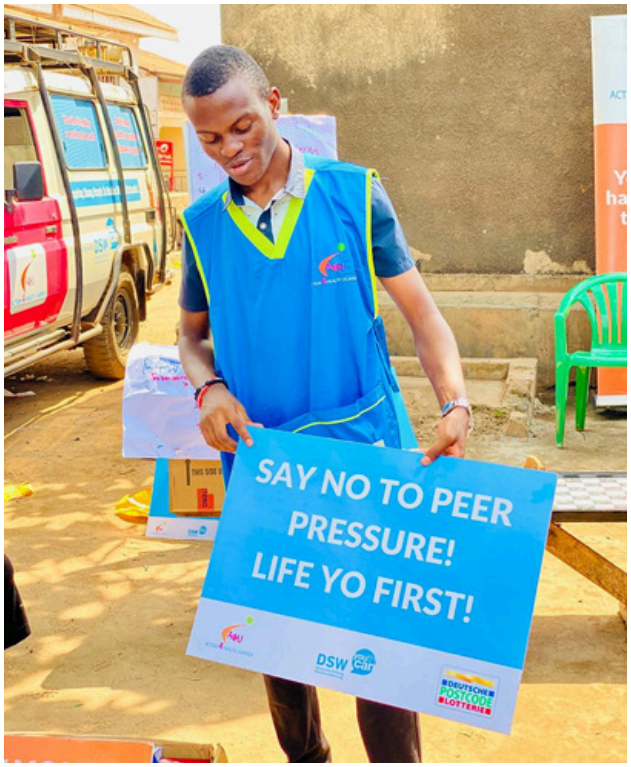
The Youth Truck—Future on Wheels—brought opportunities, skills, and youth-friendly health services closer to young people and community members in Ssembule Cell, Rubaga Division, Kampala District.

Through a rights-based leadership workshop, young people strengthened their skills in self-advocacy, confidence-building, and accessing essential health services. VSLA members also received practical financial literacy training covering savings, budgeting, responsible debt management, and responding to community needs.

To promote entrepreneurship and income generation, participants received hands-on training in liquid soap making, demonstrating how practical skills can create pathways to economic empowerment.

The outreach also provided family planning information and commodities, HIV testing and counselling, and condoms and femidoms.

The activities were conducted in collaboration with Kampala Youth Empowerment Centre, Kitebi Health Centre IV, and Youth Plus Elite Club, reinforcing the importance of taking knowledge, services, and opportunities directly to communities to support healthier, more empowered, and economically resilient young people.



POWER COHORT V BEGINS

In the first week of June 2026, the fifth cohort of the Providing Opportunities for Women in Entrepreneurship and Reproductive Health (POWER) programme began its journey with an inaugural in-person bootcamp at the Bonita Training Center at our head offices in Lubowa.

The bootcamp brought together 12 young women entrepreneurs who embarked on a six-month journey of capacity building, mentorship, coaching, and social innovation development. Through the programme, participants are supported to strengthen their entrepreneurial skills while developing innovative solutions to address challenges related to sexual and reproductive health and rights (SRHR).

This cohort is supported by the Makerere University School of Public Health and the Social Innovation in Health Initiative (SIHI). Beyond knowledge and skills, the young women entrepreneurs will have the opportunity to network, and obtain support needed to transform their ideas into impactful solutions while advancing SRHR in their communities.

EMPOWERING ADOLESCENT GIRLS AND YOUNG WOMEN THROUGH HEALTH AND ECONOMIC OPPORTUNITIES

Together with The AIDS Support Organisation (TASO), A4HU implemented the project “Supporting Uganda’s HIV and TB Reduction Strategic Plans in Buliisa and Kyankwanzi Districts.”
Through integrated HIV prevention and economic empowerment interventions, the project supports adolescent girls and young women to strengthen their health, livelihoods, and resilience. Participants attend expert-led sessions on HIV prevention, PrEP and PEP, gender-based violence, mental health, family planning, malaria, and TB prevention.

The project also equips participants with entrepreneurship and financial literacy skills through business coaching and Village Savings and Loan Associations (VSLAs). In addition, participants receive vocational skills training in areas including tailoring, hairdressing, welding, baking, soapmaking, and crafts.
Upon completion of the training, participants receive startup packages to support their businesses and are organized into youth groups and leadership structures to strengthen peer support, collective action, and community engagement.
Through this integrated approach, the project supports young women to make informed health decisions while building pathways towards greater economic independence.

Tailoring class

Liquid soap making class

ACTION 4 HEALTH UGANDA

INSPIRING YOUNG PEOPLE TO REALISE THEIR FULL POTENTIAL

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