

ANNUAL PROJECT REPORT 2025



INSPIRING YOUNG PEOPLE TO
REALISE THEIR FULL POTENTIAL

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ABOUT US

Action 4 Health Uganda (A4HU) is a non-governmental organization dedicated to empowering young people in Uganda to effectively address issues related to Sexual and Reproductive Health, including high rates of teenage pregnancy, sexually transmitted infections (STIs), and limited access to sexual and reproductive health services and rights; economic status, and poverty alleviation through delivering holistic youth empowerment interventions. Since 2017, the organization has successfully implemented projects in various regions of Uganda, including the West, North, Central, East, and Karamoja sub-regions, including Kampala, Wakiso, Mukono, Mityana, Kassanda, Namutumba, Busia, Tororo, Kamuli, Butambala, Butaleja, Soroti, Kole, and Arua.

A4HU adopts a young people-centered model, where young people within their communities are organized in community-based structures such as groups/clubs and community-based organizations known as Youth Empowerment Centers (YECs). We have complemented this with the new service delivery model called the Bees (flying nurses), where a team of well-trained community-based nurses provide SRHR services in underserved and hard-to-reach areas.

VISION

A society where all young people are healthy, free from violence, and can reach their full potential.

MISSION

To provide young people with the resources they need to access sexual reproductive health services, live free from violence, and improve their livelihoods.

CORE VALUES

- ACCOUNTABILITY
- INTEGRITY
- INCLUSIVITY
- WELL-BEING AND SAFETY

LIST OF ABBREVIATIONS/ ACRONYM

A4HU	Action 4 Health Uganda
SRHR	Sexual Reproductive Health and Rights
AGYW	Adolescent Girls and Young Women
HIV/TB	Human Immune Virus/ Tuberculosis
YECS	Youth Empowerment Centres
DSW	Deutsche Stiftung Weltbevölkerung
BMZ	Federal Ministry for Economic Cooperation and Development
ZD & UI	Zero Dose & Under Immunised.
TASO	The Aids Support Organization
WHO	World Health Organization.
UNICEF	United Nations International Children's Emergency Fund
DTP1	Diphtheria–Tetanus–Pertussis one
FPP ZDC	Full Portfolio Plan Zero-Dose Children
(IGAs)	Income Generating Activities
VSLA	Village Savings and Loans Association
MHM	Menstrual Hygiene Management
POWER	Providing Opportunities for Women in Entrepreneurship & Reproductive Health
SIHI	Social Innovation in Health Initiative
SIDA	Swedish International Development Cooperation Agency
HMIS	Health Management Information System.
YOCVA	Youth Organization Capacity Viability Assessment
(FP)	Family Planning
VHT	Village Health Team

Message from C.E.O



It is my privilege to present the 2025 Annual Report. I extend my sincere appreciation to our committed staff, dedicated volunteers, supportive partners, and, most importantly, the inspired young people whose resilience and determination continue to drive our work.

In 2025, we made significant progress in advancing our mission to improve the health and socio-economic well-being of young people across Uganda. We reached **44,253** individuals (29,332 females and 14,921 males) with essential SRHR information and services, alongside **1,382** children who received life-saving immunization services. Through 55 community health outreaches, we directly engaged over 14,000 individuals, while 4,478 young people were successfully referred to health facilities for critical SRHR services strengthening the continuum of care. Our efforts also prioritized the most vulnerable, with 3,339 adolescent girls and young women enrolled into targeted program for HIV/TB reduction with 3,316 AGYWs accessing HIV testing services, ensuring early detection and linkage to care.

Beyond health, we continued to advance youth economic empowerment by supporting 934 (833 F, 101 M) young people with entrepreneurship skills and strengthening 77 Village Saving and Loan Associations, enabling youth to build sustainable livelihoods. We strengthened youth leadership and governance structures of 12 Youth Empowerment Centers (YECs) in Mityana and Kassanda Districts, and supporting capacity development processes such as the Youth Organizational Capacity and Viability Assessment (YOCVA) and their Annual General Meetings in Mityana and Kassanda. Additionally, we established three Adolescent Girls and Young Women (AGYW) YECs in Kyankwanzi District to coordinate HIV prevention activities across [number] clubs.

Throughout the year, our commitment to empowering young people to realize their full potential remained steadfast. We continued to deliver integrated, youth-centered interventions that equip young people with the knowledge, skills, and opportunities they need to lead healthy and productive lives. Together, we are building a future where equitable access to health services, empowerment, and opportunity is realized, ensuring that no young person is left behind.

I extend my heartfelt gratitude to our longstanding partners, DSW and BMZ, for their unwavering support, which has been instrumental in enabling Action 4 Health Uganda to achieve its goals. I also acknowledge our valued partners, including SIHI, Waterloo, PATH, TASO, and many others, whose collaboration continues to strengthen our impact. Together, we look forward to advancing sustainable, youth-driven change and building a future filled with hope and opportunity.



MRS. SARAH KINTU

CEO, Action 4 Health Uganda

Message From Board Chairperson



In 2025, Action 4 Health Uganda (A4HU) went through an important period of reflection, transition, and institutional strengthening. As the Board, we were pleased to be part of the Mid-Term Review of the 2023–2027 Strategic Plan, in line with our role of providing strategic direction and oversight. I thank the Secretariat for steering this important process and ensuring it was grounded in learning, reflection, and the organization’s future direction.

The year also brought significant governance transitions. We welcomed new Board members, Mr. Elly Mugumya and Ms. Stella Kigozi, whose diverse experience and commitment will strengthen our stewardship of the organization. We also bid farewell to Hon. Ruth Nvumetta and Hon. Sylvia Namabidde, who exited the Board after many years of dedicated service as founding members, in fulfillment of A4HU’s transition guidelines. Their leadership, commitment, and contribution have been instrumental in shaping the organization’s growth and governance journey.

During the year, we also initiated the establishment of an Advisory Committee to provide technical and management guidance to the Board and Secretariat in key areas of the organization’s work. This is an important step in strengthening decision-making, deepening institutional learning, and ensuring that A4HU continues to benefit from a wide range of expertise as it grows.

On behalf of the Board, I extend my sincere appreciation to the Secretariat, our partners, young people, community structures, district stakeholders, and donors for their continued trust and collaboration.

As we move forward, the Board remains committed to providing the leadership, oversight, and strategic guidance required to sustain A4HU’s impact and advance the rights, health, and well-being of young people in Uganda.

MR. FABIAN BYOMUHANGI,

Chairman, Board of Directors

A4HU's 2025 Impact

	Total	Male	Female
Strategic Objective 1: To improve access to and utilization of quality sexual and reproductive health services for young people in Uganda by 2027.			
Partner Health Facilities supported	36		
Peer Groups Supported	185	1,432	1,107
Referred to health facilities for SRHR services	4,478	1,398	3,080
Condoms distributed	3,958	572	248
Community Health Outreaches conducted	55	5,201	9,109
People reached with SRHR information	19,610	6,890	12,720
Schools supported SRHR	40	600	600
ZD & UI children profiled	1,756		
ZD & UI children immunized	1,382		
Vulnerable AGYWs profiled	3,447		3,447
Vulnerable AGYWs enrolled	3,339		3,339
AGYWs provided HTS	3,316		3,316
AGYWs tested HIV positive	16		16
AGYWs Tested HIV positive and started on ART	15		15
Strategic Objective 2: To promote economic empowerment among young people to achieve sustainable development			
IGAs supported	8	0	0
Number of youths trained in Entrepreneurship	934	101	833
Village Saving and Loan Associations supported	77	1,432	1,107
Strategic Objective 3: Improved effectiveness and efficiency of youth governance and leadership structures to deliver on their Mandate by 2027.			
YECs Formed	03		
YECs supported	12	81	53
TeamUp Youth Network supported	1	6	3
Strategic Objective 4: Research and innovations are promoted as drivers of change for the health and socio-economic well-being of the youth.			
Joint M&E data Quality Assurance Visits conducted	3	48	23

Evaluations conducted	2
Strategic Objective 5: Improved effectiveness and efficiency of A4HU and partner agencies to deliver on their mandate by 2027.	
Partnerships formed (TASO, PATH, UNFPA, MakSPH)	4
Capacity Development Workshops conducted	11

Sob 1: Expanding Access To Youth-Friendly Srhr Services

Launch of Youth-Friendly Spaces to Improve Access to Health Services

A4HU launched four youth-friendly corners, which were renovated and handed over to the Mityana District authorities in the sub-counties of Malangala, Bulera, Kalangaalo, and Bbanda. These spaces provided safe and inclusive avenues for [how many - disaggregated] young people to access health services and information without fear of discrimination or stigmatization. With the addition of these corners, A4HU has now renovated a total of five spaces, including the recently renovated structure at the Kitebi Health Center III in Kampala, which serves 140-200 young people per day since its launch in 2024. The centers are run by trained Peer Educators under the leadership of the Youth Empowerment Centers (YECs) nurtured by A4HU to coordinate youth empowerment and access to friendly health services. These Peer Educators come in to strengthen the service delivery to peers, thereby making

the health facility more welcoming and discrimination-free for the young people.

Young people share about the Youth Corner:

Nabatanzi Rebecca, the Focal Person for Adolescent Health at Malangala Health Center III, emphasized the broader impact of the Youth Friendly Corner:

“The introduction of youth-friendly health services has greatly improved healthcare delivery at the facility,” she said. “Before this space was designated for young people, only a few would come because of fear of stigma and discrimination. Now, we receive more than 900 young people every month.”

Kelvin Wasswa, 19 years old, resident of Nateete, beneficiary of the youth corner at Kitebi Health Centre III

“I am glad that I came here for medical assistance. The services provided here are different from what I have experienced elsewhere. The peer educators were very nice, welcoming, and hospitable. I will recommend this facility to my fellow youth.”

Aisha Nabbumba, 19 years old, resident of Kibuye, beneficiary of the youth corner at Kitebi Health Centre III

“The Youth Corner has greatly benefited me; they pay attention to my health needs, which is unique and different from the other health facilities. The Peer Educators are youthful like us, which also eases our access to health services.”

As a result, access to youth-responsive health services improved, with more young people confidently seeking care, receiving accurate information, and engaging with service providers. This contributed to increased utilization of services, early health-seeking behavior, and better overall health outcomes among youth in the targeted communities.

To learn more about our youth corner approach, read about Suzan Nalweyiso, a Peer Educator at Kitebi Health Center III here: <https://a4huganda.org/blogs/kitebi-hc-iii-youth-corner->

[changing-lives/](#)

Flying Nurses refresher training to improve service delivery and uptake

In 2025, the BEEs/Flying Nurses approach moved from pilot to full-scale implementation through 17 community-based health workers. An endline assessment and self-evaluation conducted with DSW helped document results, draw lessons, and guide the next phase.

The pilot reached 3,019 young people, 53% female, of whom 67.4% were first-time family planning users. It also improved access, with 89.3% of respondents receiving services within 5 km. Clients described the Flying Nurses as trusted, youth-friendly, and convenient providers.

Following the assessments, a capacity-building program was initiated for Flying Nurses and Queen Bees, focusing on side-effect management, emotional resilience, business skills, youth-friendly service delivery, and broader SRHR counseling. The model is also being strengthened to integrate HIV/STI information, SGBV support, counseling, and other health services.

The Flying Nurses is a social marketing approach that involves community-trained health workers bringing youth-friendly family planning services to young

people at affordable prices. The Flying Nurses also work with YECs as stockists of Family Planning commodities across the various sub-counties. At government health facilities, the Flying Nurses work with Queen Bees, to whom they refer young people in need of long-term family planning methods and treatment for side effects.

Improving access to HIV and TB Reduction

Enhancing Access to and Utilization of Quality SRHS for Young People

Service Delivery & Reach

- 36 Partner Health Facilities supported
- 55 Community Health Outreaches conducted
- 19,610 People reached with SRHR information

Community Engagement

- 185 Peer Groups supported
- 40 Schools supported with SRHR programming

SRHR Services Uptake

- 4,478 Individuals referred for SRHR services
- 3,958 Condoms distributed

Immunization (Zero-dose & Under-immunized Children)

- 1,756 Children profiled
- 1,382 Children immunized

AGYW Program Impact

- 3,447 Vulnerable AGYWs profiled
- 3,339 AGYWs enrolled
- 3,316 AGYWs received HIV Testing Services (HTS)
- 16 Tested HIV positive
- 15 Initiated on ART

A4HU partnered with The AIDS Support Organization (TASO)

under the project “*Supporting Uganda’s HIV and TB Reduction Strategic Plans: TASO–A4HU Implementation Model.*” The initiative is implemented in Buliisa and Kyankwanzi Districts of Uganda, targeting 3,600 (1,800 per district) vulnerable Adolescent Girls and Young Women (AGYW) and Adolescent Boys and Young Men (ABYM). In 2025, a total of 3,447 vulnerable Adolescent Girls and Young Women (AGYWs) were successfully profiled, out of whom 3,339 (97%) were enrolled into the program, demonstrating strong reach and uptake of SRHR services among the target population. Of those enrolled, 3,316 AGYWs accessed HIV Testing Services (HTS), reflecting near-universal coverage and improved access to essential SRHR interventions. Through this effort, 16 AGYWs were identified as HIV positive, and 15 (94%) were promptly initiated on Antiretroviral Therapy (ART), ensuring timely linkage to life-saving treatment.

Safe Spaces Help a Young Woman Reclaim Her Health

Giramia Patricia, a 20-year-old from Bugoigo Sub-county, Buliisa District, suffered from excessive menstrual bleeding but lacked information and confidence to seek care. Through AGYW safe space sessions, she learned about family planning and SRHR, received counseling, and was

referred to a health facility where she adopted an appropriate contraceptive method. Her condition improved, restoring her health and confidence. Patricia now encourages other young women to attend safe spaces and seek timely SRHR services, highlighting the transformative role of safe, youth-friendly platforms.

**Demand Creation for
immunization uptake and
access.**

Uganda continues to demonstrate strong immunization performance, with DTP1 coverage at 95% and DTP3 at 91% (WHO/ UNICEF, 2024) a key indicator of the health system’s capacity to deliver essential vaccines. Building on this progress, Action 4 Health Uganda (A4HU), under Cluster 6 of the PATH–Ministry of Health partnership funded by Gavi, implemented targeted demand-generation interventions in 12 sub counties in Mityana, Kassanda, and Mubende districts from July to November 2025. The initiative focused on increasing immunization uptake among zero-dose and under-immunized children by addressing demand-side barriers, strengthening community engagement, and promoting equitable decision-making. Through collaboration with local governments, health teams, and community structures, the program enhanced awareness,

trust, and access to immunization services, particularly among hard-to-reach and underserved populations. Action 4 Health Uganda (A4HU) significantly exceeded its targets for identifying zero-dose and under-immunized children, profiling 634 zero-dose children (247% of target) and 1,122 under-immunized children (242% of target) across the three districts. This reflects strong community reach and effective identification of children missed by routine immunization services. Of those profiled, 81% of zero-dose and 78% of under-immunized children were successfully immunized, demonstrating substantial progress in linkage to services

Table 5: Shows ZD and UIC profiling and Vaccination

FPP ZDC AND UIC BASELINES & TARGETS				ZDC & UIC Performance 2025							
CSO	District	ZDC Target(35%)	UIC Target (35%)	ZDC Profiled	%ZDC profiled	#ZDC Immunized	%ZDC Immunized	UIC profiled	%UIC Profiled	#UIC Immunized	%UIC Immunized
A4HU	Mubende	110	197	372	338%	212	57%	630	320%	263	42%
A4HU	Kassanda	48	87	132	275%	158	120%	287	330%	383	133%
A4HU	Mityana	99	179	130	131%	142	109%	205	115%	224	109%
	Total	257	463	634	247%	512	81%	1122	242%	870	78%



Mr. Kawuma the DHE facilitating the orientation meeting for selected leaders at Kabyuma HC II in Kalonga Subcounty on 14th August 2025. Photo by Kennth Esegü.



A photo showing participants listening to the health facility in-charge of Kitokolo health center II during an orientation meeting with local leaders at Bukuya sub-county offices.



Participants interacting and sharing ideas during one of the breakout sessions on the first day of the orientation meeting for youth leaders at Kyato Hotel on 7th August 2025.



The Kassanda District HMIS Focal Person guides participants on using KoBoCollect for data collection at Kyakiddu Health Center II, Mbirizi Sub- County.

SOB 2: SKILLING YOUNG PEOPLE TO IMPROVE THEIR WELLBEING



In 2025, Action 4 Health Uganda (A4HU) established a local production hub at the Malangala Youth Empowerment Center, enabling the production and delivery of affordable, high-quality reusable sanitary pads to beneficiaries who previously relied on unsafe alternatives.

By the end of 2025, the hub had produced a total of **2,838** reusable sanitary pads under the brand

name MARE PADs. The project also built the capacity of 15 young people, predominantly women, who were retrained in pad production, business management, and communication on menstrual hygiene. These efforts contributed to enhanced skills development, increased confidence, and improved financial literacy among the MHM team.

“With the training we were given, I have gained tailoring skills, and the money I earn at the end of the month helps me to meet the needs of my family, like taking my daughter to school,” shared one production team member.

To support production, the hub was refurbished with a new washroom, water tank, and production equipment. A motorcycle was procured to support the marketing and promotion processes.



The purchased motorcycle that will help in marketing and promotion of the reusable pads



The Production Manager holds up the finished reusable pads



The production team at the MHM Hub in Malangala cutting fabric for sewing reusable pads in November 2025.



Production Team member packs the motorcycle carrier with the packaged reusable pads

POWER COHORT 3 & 4

The POWER program saw 10 young women entrepreneurs in May 2025, following a six-month intensive training and mentorship program. The entrepreneurs had innovations in SRHR/FP, maternal and child Health, nutrition, emergency health services, mental health, and menstrual health.

This Cohort was implemented together with Makerere University School of Public Health and SIHI, funded by SIDA through the Social Innovation in Health Initiative (SIHI). Similarly, POWER Cohort 4, comprising 20 young women health entrepreneurs, was launched in March 2025, implemented by A4HU in partnership with DSW, and financed by The Waterloo Foundation. The POWER program has so far supported 57 businesses employing 275 (220F, 55M) young people since its inception in 2022.

Video testimonies:

[Watch here:](#)



MULTI-SECTORAL INVESTMENT FUND (MIF)



1. Are you a member of MIF: Yes
 2. If yes, what was your main reason for joining MIF – To be part of a community of like-minded entrepreneurs.
 3. How has MIF helped you and your business? – It has allowed me to gain access to capital and mentorship. I was a beneficiary of an impact investment grant of Eleven million eight hundred thousand Uganda shillings through the MIF that allowed us to scale the Simply Hers business. I've also benefited from mentorship from A4HU in different aspects of my journey as an entrepreneur.
 4. What are your future plans with MIF? To jointly apply for financial investment as a unit of like-minded businesses
 5. Would you recommend other entrepreneurs under the POWER program to join MIF? Yes
 6. Are there any other partnerships that have arisen as a result of the MIF support? None
- Any other information that you would like to share with us?** Grateful for the opportunity to be part of the MIF

JOAN PATIENCE ATUHAIRE, FOUNDER SIMPLY HERS, AN AE-COMMERCE AND TELEMEDICINE PLATFORM PROVIDING YOUNG PEOPLE WITH DISCRETE AND PERSONALIZED SRHR HEALTH PRODUCTS AND INFORMATION.

The Multisectoral Investment Fund (MIF) is a member-owned financing initiative established by alumni of the Young Women Social Entrepreneurship Accelerator Program under the POWER Project. The fund was launched in June 2024 and formally registered as the Multi-sectoral Investment Company Limited on 12 August 2024. Its primary purpose is to provide affordable and timely financing to support the growth and sustainability of businesses established by program graduates.

The fund operates through four key financing pillars: investment financing, credit financing, asset financing, and matching grant financing. These financing mechanisms are designed to meet the diverse needs of young women entrepreneurs at different stages of business development.

MIF is governed by two leadership structures: a Board of Trustees, comprising three to five members elected by fully paid-up members, and a Secretariat (Management Committee) led by the Managing

Director and Heads of Units appointed by the Board. Together, these structures provide strategic

oversight and ensure the effective management and sustainability of the fund.

SOB 3: YOUNG PEOPLE COORDINATING YOUTH DEVELOPMENT AND COMMUNITY DEVELOPMENT THROUGH ADVOCACY WITH AND THROUGH THEIR ORGANIZATIONS

YOUTH PARTICIPATION IN INTERNATIONAL YOUTH DAY



H.E. President of Uganda Yoweri Kaguta Museveni visiting the A4HU exhibition table

International Youth Day was marked in Masindi District with vibrant celebrations at the Golf Course grounds, where youth leaders from A4HU supported YECs and peer clubs showcased how our work has inspired them to realize their full potential. The celebrations not only highlighted individual success stories but also demonstrated the transformative power of collaboration in driving meaningful change for communities.

The theme, “Youth Advancing Socio-Economic Transformation through Technology and Partnerships,” strongly reflected our shared vision of empowering young people to take charge of their future.

A4HU continues to equip young people with the skills, platforms, and opportunities they need to thrive through youth-led organizations.

PRESENTING THE FAMILY PLANNING BUDGET STUDY



A4HU in partnership with the National Planning Authority (NPA) convened the Family Planning Budget Advocacy Group (FPBAG) meeting to disseminate the budget

study report 2022/23-2023/24. This was held on 26 November 2025 at the Sheraton Hotel, where Dr. Hamis Mugendawala, the Senior Manager of Population and Social Development Planning at the National Planning Authority, urged a shift from charity-based contraceptive services to rights-based, affordable family planning integrated into health insurance and statutory grants, with stronger government investment.

Sarah Kintu, CEO of Action 4 Health Uganda, reaffirmed the organization's commitment to increasing youth access to sexual and reproductive health services. She emphasized the revitalization of the Family Planning Budget Advocacy Group (FPBAG) and highlighted the importance of a shared family planning agenda, alignment with National Development Plan IV, and mobilization of domestic resources in response to declining donor funding.

Find the report here: [**A4HU-Budget-Analysis-Study-Final-Report-2025.pdf**](#)

Offline:[**chrome-extension:efaidnbmnnnibpcajpcglclefindmkaj/https://a4huganda.org/wp-content/uploads/2026/04/A4HU-Budget-Analysis-Study-Final-Report-2025.pdf**](chrome-extension:efaidnbmnnnibpcajpcglclefindmkaj/https://a4huganda.org/wp-content/uploads/2026/04/A4HU-Budget-Analysis-Study-Final-Report-2025.pdf)

Youth Champions present youth advocacy priorities at the 2025 Mityana District Local Government Budget Conference

On 6th November, 2026, Youth Champions were provided a slot to present a consolidated advocacy report during the Mityana District Local Government Budget conference. This followed a series of submissions of evidence-based issue briefs by the youth to subcounty and District local government officials to influence the 2025-2026 budget. The briefs



Advocacy Paper submission in Malangala Sub-County, Mityana District

were informed by analysis of different reports including HMIS, YOCVA, and a family planning (FP) budget study. The briefs highlighted gaps in SRHR services, menstrual hygiene management (MHM), and youth inclusion. Sub-counties included Malangala, Kamuli, Ssekanyonyi, Kalangaalo, and Mityana and Kassanda Districts.

On 31 October, submissions in

Malangala and Ssekanyonyi addressed FP commodity stockouts and inadequate MHM facilities in schools. This led to commitments to improve FP financing, construct school incinerators, and strengthen menstrual health education.

On 4 November, advocacy in Kamuli and Kalangaalo focused on equitable, integrated outreach services. Leaders committed to expanding outreach coverage, improving logistics, and involving youth in planning and mobilization.

Overall, Youth Champions demonstrated that empowering young people with leadership skills enables them to engage in constructive dialogue with their leaders, ensuring that youth priorities are prioritized in budgets.



Advocacy Paper submission in Kamuli Sub-County, Kassanda District.



Advocacy Paper submission in Ssekanyonyi Sub-County, Mityana District

Strengthening Youth Structures Through Capacity Building and Institutional Support in 2025

In 2025, Action 4 Health Uganda (A4HU) supported 12 Youth Empowerment Centers (YECs) as Community-Based Organizations (CBOs) in Mityana and Kassanda Districts, strengthening their legal recognition and operational capacity. A key milestone was the Youth Organizational Capacity and Viability Assessment (YOCVA), conducted with 12 YECs in Mityana and Kassanda districts. The assessment helped the centers reflect on their institutional strengths and gaps, including governance, leadership, financial management, documentation, resource mobilization, safeguarding, and stakeholder engagement. This process provided a clearer picture of what each YEC needed in order to grow from a youth group into a more viable community-based organization.

Following the assessment, A4HU provided tailored capacity-building and institutional support to the YECs, including mentorship on governance, leadership, service delivery, and organizational development. Overall, 135 leaders (82 male, 53 female) from the different YECs received capacity-building interventions in governance, leadership, service delivery, and institutional development. In addition, A4HU also established three youth empowerment centers

in Kyankwanzi District under the TASO-Global Fund project. A4HU has also maintained ties with the YECs formed in Mukono, Wakiso, Tororo, Kampala, Busia, and Kamuli. To date, A4HU has supported 21 YECs.

These interventions enhanced the ability of youth structures to mobilize resources, deliver services, and engage effectively with stakeholders, thereby strengthening their role in community development.

SOB 4: Research and Innovation as Catalysts for Youth Development

Endline Evaluation of The Empower Youth Project (2021–2024), funded by BMZ. This project was implemented in six districts of Uganda to strengthen young people's participation and improve access to Sexual Reproductive Health and Rights (SRHR) information and services. Building on the SEEP project, the initiative focused on strengthening youth structures, promoting youth-friendly SRHR services, and supporting youth-led advocacy at district and sub-county levels.

Through six district-based Youth Empowerment Centres (YECs), over 50 youth clubs, and 1,645 peer educators, the project

reached approximately 29,081 young people (17,786 females and 11,298 males). Key interventions included peer-led SRHR sessions, integrated community outreaches, youth-friendly service training for health workers, SRHR referrals and follow-ups, VSLA and entrepreneurship activities, advocacy dialogues, and radio talk shows to amplify youth voices and influence policy implementation. The project also strengthened the sustainability of youth structures, with six YECs and 46 youth clubs formally registered and operational.

MALANGALA MENSTRUAL HYGIENE HUB PROJECT



In September 2025, the Malangala Menstrual Hygiene Hub opened with a menstrual hygiene project aimed at producing reusable sanitary pads. The Malangala Menstrual Hygiene Hub Project, powered by Action 4 Health Uganda with support from DSW-Uganda, is transforming lives in Malangala Sub-County, Mityana District, Uganda. Led directly by

passionate young people from the Malangala Youth Empowerment Centre, the team includes a dedicated Production Manager and 14 skilled Production Team members producing reusable sanitary pads under the name MARE Pads, short for Malangala Reusable Pads. This vital project is committed to providing girls and young women in low-resource rural areas with access to affordable, high-quality menstrual hygiene products, significantly enhancing their health, dignity, and overall well-being. By the close of 2025, the young people had begun production and had produced over 2,000 reusable pads.

SOB 5: Strengthening Institutional Capacity for Greater Impact

A4HU partnered with The AIDS Support Organization (TASO) under the project “Supporting Uganda’s HIV and TB Reduction Strategic Plans: TASO–A4HU Implementation Model.” The initiative, to be implemented in Buliisa and Kyankwanzi Districts of Uganda, targets 3,600 (1,800 per district) vulnerable Adolescent Girls and Young Women (AGYW) and Adolescent Boys and Young Men (ABYM).

Through profiling and enrolment, participants benefit from life skills sessions covering HIV prevention, counseling, and mental health, before progressing into apprenticeships and soft-skills training to strengthen their income-generating capacity. To reach various communities, A4HU deploys its innovative Youth Truck as a key mobilization tool for creating demand for AGYW and ABYM services in the two districts.



A4HU, TASO Officials, and Kyankwanzi District Officials pose for a photo after the inception meeting



A4HU, TASO Officials, and Buliisa District Officials pose for a photo after the inception meeting

A4HU staff, with members of the Global Fund Country coordination mechanism, visit Buliisa District for an outreach in Kamagongolo village, Kamagongolo Church of Uganda, near Kamagongolo landing site in Butiaba. 90 AGYW were profiled and enrolled for HIV prevention activities.



A4HU AND PATH PARTNER IN MITYANA AND KASSANDA DISTRICTS

A4HU partnered with PATH, expanding our scope into the immunization sector to promote Reproductive, Maternal, Newborn, Child, and Adolescent Health (RMNCAH). This program is active in Mityana, Kassanda, and Mubende Districts. This program aimed to raise awareness and increase demand for vaccines in the selected districts, thereby preventing vaccine-preventable diseases.



As part of this partnership, A4HU participated in key immunization days, including the Integrated Child Health Days and the Yellow

Fever Immunization campaign, using the Youth Truck to reach many young children and young people with life-saving vaccines.

YOUTH TRUCK PARTNERS WITH NPA DURING WORLD POPULATION DAY

To celebrate World Population Day, A4HU partnered with the National Population Authority during the commemoration events in Kayunga District.



Young people during the intergenerational dialogue.



Youth Truck mobilises for the event.



Interaction with UNFPA Rep. Gift Malunga during the exhibition at World Population Day in Kayunga District

A4HU AND TWAWEZA PARTNER TO AMPLIFY YOUTH VOICES AND DRIVE EVIDENCE-BASED ACTION

In commemoration of International Youth Day 2025, Action 4 Health Uganda (A4HU) partnered with Twaweza East Africa and other stakeholders to host the “*Beyond the Statistic: Amplifying Young Ugandan Voices*” dialogue. The

event brought together young people, policymakers, civil society organizations, and media representatives to discuss key youth challenges, including unemployment, the rising cost of living, and barriers to education and employment. Using innovative, data-driven debate sessions based on findings from the *Sauti za Wananchi* survey, participants



A4HU Trained Youth Champions deliberate during the event.

explored practical solutions and policy recommendations. A4HU facilitated discussions on youth exclusion, highlighting how health challenges, poverty, and limited support systems affect young people, particularly those not in education, employment, or training (NEET). Youth Champions from Mityana and Kassanda shared their experiences in advocacy and local governance, demonstrating the impact of youth-led engagement in influencing planning and budgeting processes. The event reinforced the importance of evidence-based dialogue, youth leadership, and multi-stakeholder collaboration in advancing inclusive development and ensuring that young people are active contributors to shaping Uganda's future.

A4HU PARTICIPATES IN WORLD HEALTH SUMMIT IN BERLIN

A4HU, represented by the Social Entrepreneurship Manager, Hassan Waswa, together with

Joan Patience Atuhaire, a POWER alumna attended the International Dialogue on Population and Sustainable Development 2025 and the World Health Summit, in Berlin, Germany, on 10th-14th October, under the theme "Many Voices, One Vision". A4HU representatives facilitated a session on Multisectoral



Hassan Waswa with Shane O'Halloran at the World Health Summit

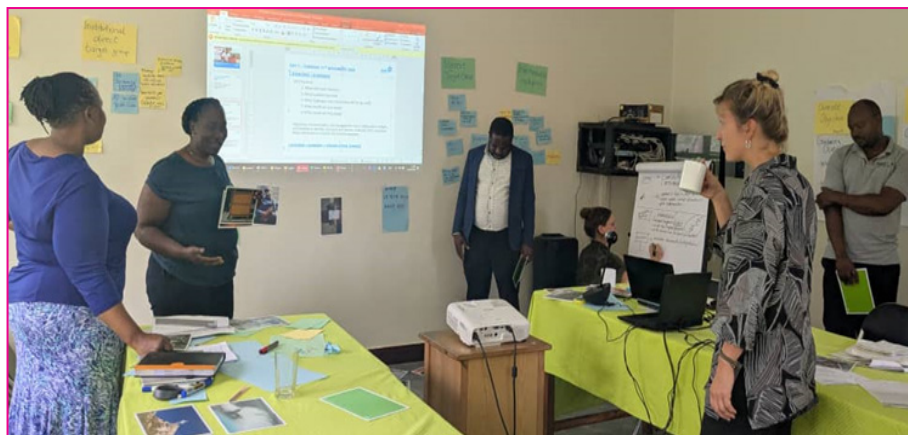
collaboration and system-level challenges in expanding SRHR Access in Uganda and globally.

TASO-Global Fund-FUNDING RECOMMITMENT FOR 2026

Sarah Kintu, CEO-A4HU, with Jacqueline Katesi, TASO Project Coordinator-Global Fund Grants Management Unit, having signed the recommitment documents.



TASO and A4HU are partners in Kyankwanzi and Buliisa Districts, where they are implementing a project, *“Supporting Uganda’s HIV and TB Reduction Strategic Plans: TASO–A4HU Implementation Model.”*



Team of A4HU and DSW Officials during a design workshop for a project mean to address teenage pregnancy and HIV in Northern Uganda, at Bonita Training Centre in Lubowa

FIELD VISIT BY DSW COLLEAGUES



DSW Officials, Program Manager, Nicole Kockman, and DSW Resource Mobilization Officer, Johanna visited A4HU program sites under the TeamUp Uganda program in Mityana District. In the photo, they interact with the Adolescent Focal Person at Malangala Health Centre III. The

team visited the MHM Hub at Malangala, participated in advocacy paper discussions with Youth Champions and district leaders, visited a Flying Nurse in Ssekanyonyi sub-county, and also witnessed a VSLA session in Ssekanyonyi sub-county.



Officials from Makerere University School of Public Health and the Embassy of Sweden in Uganda, during a courtesy visit to A4HU, discussed potential partnerships, including the POWER program.

Stories of Change

Breaking Barriers: A Mother's Courage Helps Her Baby Receive Her First Vaccine



In the quiet, hilly landscapes of Kiruuma Sub-county, Mubende District, lives Muhawerenemana Florence, a young mother from Nakasagazi Village, Kituule Parish. When her labor pains began one night, the nearest health facility Kituule Health Centre II was too far to reach. She gave birth to her daughter Birungi Nabazira safely at home. Though relieved, Florence worried about how she would get her baby immunized. A month later, she tied Birungi on her back and set out on the long walk to

the health facility, determined to protect her child.

When she finally reached the area, a Village Health Team (VHT) member named Kaliisa from a neighboring village stopped her and falsely claimed that she had to pay UGX 50,000 as a fine for giving birth at home or her baby would not be vaccinated. Shocked and heartbroken, Florence returned home. She and her husband even tried to sell a chicken to raise the money, but the VHT refused and demanded cash. With no alternative, they stayed home, and Birungi missed her vaccines. *"When I was told to pay money, I lost hope. I thought my baby would never be vaccinated. But when the new team came and helped me, I felt that someone finally cared. My child is safe now."* **-Florence**

Months later, under the Equity Acceleration Fund (EAF) project supported by Gavi and implemented by PATH, a new VHT team led by Monday Deusi visited the area to profile zero-dose and under-immunized children. When they reached Florence's home, she shared her ordeal. The team listened, comforted her, and assured her that immunization is a right not a privilege. Working with a health worker from Kituule Health Centre II, they organized an outreach in her community on 1st October 2025 at Nakasagazi Village. On that day, as sunlight filled the hills, Birungi received her first DPT vaccine in her mother's arms. Florence smiled with relief a smile of strength, hope, and renewed trust.

Florence has shown commitment to follow up on Birungi's immunization schedule, and she has become a community advocate, encouraging other mothers to vaccinate their children. Her story moved local leaders to strengthen oversight of VHT work and ensure that no family is ever denied services due to misinformation or corruption. Florence's courage and the compassionate action of the health team became a turning point for her community. It reminded everyone that equity is not about numbers, but about reaching every mother and child,

one home at a time.

Home visit to Birungi's family, Kiruuma Sub-county, Mubende District.

Story by Joram Kironde,

Project Assistant – Child and Family Health,

A4HU, Mubende District.

Bringing Hope to the Hills: How a VHT Helped a Forgotten Child Receive His First Immunization

In the remote, hilly village of Nakasagazi in Kituule Parish, Kiruuma Sub-county, Mubende District, three-year-old Kayunga Mathias lived quietly with his elderly grandmother. His mother had left soon after his birth, and since then, Mathias had never received a single vaccine. The grandmother, frail and living far from the nearest health facility Kituule Health Centre II, which serves five parishes and 21 villages struggled with both distance and misinformation.

Like many families in the area, she believed that vaccines could make children sick. Combined with her age and the lack of transport, these fears left Mathias completely unprotected against preventable diseases like measles, polio, and diphtheria.

During household profiling in September 2025 under the Equity Acceleration Fund (EAF) project supported by Gavi and implemented by PATH, Mrs. Nabakka Beatrice, a dedicated Village Health Team (VHT) member and Nabakyala (women's leader) of Nakasagazi, identified Mathias as a zero-dose child. Seeing the grandmother's hesitation, Beatrice spent time listening and explaining gently countering myths and reassuring her that vaccines protect rather than harm.

Realizing that distance was a barrier, Beatrice coordinated with health workers from Kituule Health Centre II to organize an outreach session closer to the family. On a bright morning around 9:00 a.m, the health team reached Mathias's home, and there, for the first time, the little boy received his first DPT dose a life-saving milestone for both him and his grandmother.

Mathias grandmother now encourages other caregivers to take their children for immunization, sharing her own story as proof that vaccines are safe and vital. *"I used to think vaccines were dangerous, but Beatrice told me the truth and brought the health workers to my home. I'm happy my grandson is now protected."* **Mathias's grandmother**

The outreach not only protected

one child but also strengthened community confidence in VHTs and health workers. Families in nearby villages began coming forward for vaccination, marking a positive shift in health-seeking behavior across Kiruuma Sub-county.

"Sometimes people just need correct information and support close to home. When we bring services to their doorsteps, no child remains hidden." Mrs. Beatrice Nabakka

Beatrice's compassion and persistence made her the hero of this story a symbol of how empowered community health workers can bridge the gap between remote families and essential services. Her work demonstrates the lasting impact of the Equity Acceleration Fund project, ensuring that even in Uganda's hardest-to-reach hills, every child has the chance to grow up healthy and protected.

Story by Joram Kironde,

Project Assistant – Child and Family Health,

A4HU, Mubende District.

A Home Visit That Changed Everything: TB and HIV Awareness in Action

Peter, a 42-year-old resident of Greater Bananywa, was diagnosed with TB at a local health facility. Through the project-supported TB contact tracing system, Village Health Teams and health workers visited his home to screen household members for TB and HIV. One relative was identified as a presumptive TB case and promptly started on treatment, while eligible family members were enrolled on preventive therapy.

“I did not know my family was at risk until this visit. I thought TB only affects the person who is coughing,” Peter shared.

Today, Peter and his family continue to receive follow-up and support, demonstrating how integrated community-based approaches promote early detection, treatment, and prevention.

Creating Safe Spaces for Girls in Buliisa District

In Buliisa District, harmful social norms, poverty, long distances to schools, and increased economic activity around fishing and oil exploration expose girls to early marriage, exploitation, and school dropout. Through community dialogues and safe space programming, parents and caregivers became more engaged in protecting and supporting girls.

One caregiver from Kigwera Sub-county shared:

“After attending these sessions, my daughter’s behaviour changed greatly. She stopped unnecessary movements with peers and became more focused. I truly thank A4HU for the positive change in my child.”

These stories reflect how integrated SRHR services, economic empowerment, youth leadership, and community engagement are improving health outcomes, strengthening resilience, and creating lasting change for AGYW and their communities in Buliisa and Kyankwanzi districts.

PHOTO STORIES



Recognition of new board members and the inauguration of the Board Advisory Committee in July 2025 at A4HU Headquarters in Lubowa.

In the photo: DSW Chief of Programs, Angela Bahr, in green dress with the Board Chairperson to her right and CEO A4HU Sarah Kintu to his right, A4HU staff, Board members, and Board Advisory Committee member.



The Social Entrepreneurship Manager, Hassan Waswa with the FUSE Award

The FUSE Awards

Action 4 Health Uganda received recognition from the Federation of Uganda Social Entrepreneurs (FUSE) during the 2nd FUSE Awards Ceremony held at Sheraton Kampala Hotel. The award acknowledged the organization's leadership in advancing community health, economic empowerment, and sustainable social enterprise initiatives. It also highlighted the POWER Project's impact in empowering young women through entrepreneurial opportunities and improving sexual and reproductive health outcomes.

YOUTH TRUCK goes back to Bussi Island



The Youth Truck on a makeshift ferry as it makes its way to Bussi Island

The Youth Truck team visited Bussi Island for an SRHR-themed sports gala integrated with a community health outreach, where various health services were provided to the islanders. This included condom distribution and demonstration, HIV testing, Blood pressure testing, and Blood sugar testing, among other general health care services.

GLOBAL M&E WORKSHOP IN ADDIS ABABA



A4HU MEAL Officer Collin Baluku (fourth from the right) attended the Global M&E workshop in Addis Ababa in July 2025 organized by DSW Germany.

In July 2025, Action 4 Health Uganda (A4HU) participated in the Global Monitoring and Evaluation (GME) Meeting, represented by Mr. Collin Baluku. The forum, which was held in Addis Ababa, Ethiopia, brought together M&E practitioners from Uganda, Kenya, Tanzania, and Germany to share experiences and innovations in monitoring, evaluation, research, and learning. Key discussions focused

on data harmonization, digital transformation of M&E systems, advanced data analytics, and the emerging role of Artificial

Artificial Intelligence in evidence generation and learning. The meeting strengthened A4HU’s capacity in data-driven programming while fostering collaboration and cross-country learning with regional and international partners.

Our partners



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