

NEWSLETTER

**APRIL-MAY
2026**



ACTION 4 HEALTH UGANDA

APRIL was filled with new beginnings and endings as May unfolded with more activities. Follow along with us in our latest Newsletter edition.

HIGHLIGHTS

**YOUTH TRUCK
GOES TO BUSSI
ISLAND**

**A4HU CELEBRATED
AT TEAMUP
DISTRICT
CLOSEOUT IN
MITYANA**

**YOUTH TRUCK
PROJECT
ACTIVITIES IN
MUKONO DISTRICT**

**TASO-AGYW
SKILLING**



YOUTH TRUCK GOES TO BUSSI ISLAND

The Youth Truck visited Bussi Island at the end of April in a bid to bring health services and information to the island community consisting of young people and other key populations. The island faces a shortage of health care services which are primarily provided by one health centre serving over 30,000 people.

Our presence reached over 200 people with various health services including, HIV testing and counselling, short-term family planning, PrEP, malaria testing and treatment, Peptic Ulcer Disease treatment, Reproductive Tract Infection treatment, Urinary Tract Infection treatment, and other general conditions. Eight teams participated in the football tournaments while four participated in the netball games.

Peer Educators from Wakiso Youth Empowerment Center were on ground to conduct peer learning sessions on age-appropriate hashtag SRHR information and artisans were also present to skill the young people in ventures like liquid soap making and baking of half-cakes. Take a look at the summary of events in the video attached.



Young people participate in hands-on skilling session of bakery

Peer Educator demonstrates condom use to a group of young men



Football game in session



MHM Debate at Bussi Seed SS

EMPOWERED YOUTH LEADING THE WAY: A LEGACY OF ACTION IN MITYANA



Bujubi Secondary School was awarded for winning the Poetry and Drama category having spotlighted the program impact and sustainability through the MHM in-school initiatives led by A4HU

On April 23, 2026, TeamUp Uganda marked eight years of transformative impact during its Annual Youth Event and Mityana District Closeout Meeting at Makanhill Resort Hotel. Rather than a simple conclusion, the event showed how the program has helped young people move from passive service recipients to proactive advocates and community leaders.

Through vibrant Music, Dance, and Drama (MDD) competitions and diverse exhibitions, nearly 200 participants, including local government officials and youth representatives, witnessed the tangible results of sustained investment in health, water, and agriculture. The recognition of 20 outstanding youth champions underscored the central mission: that young people are the primary drivers of sustainable development and community resilience.

The transition toward long-term sustainability was defined by a strong commitment from the Mityana District Local Government to institutionalize the program's gains. While youth advocates like Nabukeera Katushabe Hayat highlighted ongoing challenges, such as teenage pregnancy and shifts in global funding, the focus remained on domestic resource mobilization and cross-sectoral collaboration.



Nabukeera Hayat giving a speech presentation



Sarah Kintu, CEO of Action 4 Health Uganda, and Monica Basemera, Head of the Program Coordination Unit, emphasized that while implementing partners are stepping back, the infrastructure for empowered youth and strengthened local systems ensures a lasting legacy. As this chapter in Mityana closes, it leaves behind a resilient network of young leaders ready to guide their communities toward an inclusive and healthy future.

Sarah Kintu, CEO Action 4 Health
Uganda

QUARTERLY REVIEW AND BIDDING FAREWELL TO A4HU-TEAMUP STAFF



On 30th April 2026, we held our quarter one review meeting to look at what we had set out to do in the first three months of the year, and strategize on how best to carry out the tasks for the next quarter. We also had the opportunity to bid farewell to the staff members under the TeamUp Uganda program which started in 2022 and closed April 30th 2026.

Highlight video:



TASO-AGYW PROJECT IN KYANKWANZI AND BULIISA



Together with The AIDS Support Organisation (TASO), we are implementing a project titled "Supporting Uganda's HIV and TB Reduction Strategic Plans in Buliisa and Kyankwazi Districts."



Through its HIV prevention and economic empowerment models, the project is transforming the lives of adolescent girls and young women in Buliisa and Kyankwazi Districts. Participants attend sessions led by experts on HIV prevention, PrEP and PEP, GBV, mental health, family planning, malaria, and TB prevention, while also gaining entrepreneurship and financial literacy skills through business coaching and Village Savings and Loan Associations (VSLAs). The girls further benefit from vocational skilling in areas such as tailoring, hairdressing, welding, baking, soap making, and crafts. Upon completion, they receive startup packages to support their businesses and are organized into youth groups and leadership structures that strengthen peer support and community engagement.





Shoe making



SKILLS TRAINING

Liquid soap making



YOUTH TRUCK ACTIVITIES



Health workers from Nagojje Health Centre III at the medical camp

The Youth Truck stationed in Nagojje, Mukono District on 26th and 29th May 2026 for a medical camp and on the go rights based training respectively. At the medical camp, health services included HIV testing and counseling, syphilis testing, malaria testing, general medical care, condom demonstration and distribution.

Held at the Nagojje Health Centre III Youth Corner, the on-the-go rights-based training enlightened young girls and mothers about their sexual reproductive health rights and how to champion the,. The group also had a financial literacy and soft skills training session where they learned how to make liquid soap and half cakes (mandaaazi) for income generation.



Health worker draws blood of a community member at the medical camp



Health worker immunizes a child at the medical camp



Youth Truck Project Officer demonstrates condom and femdom use



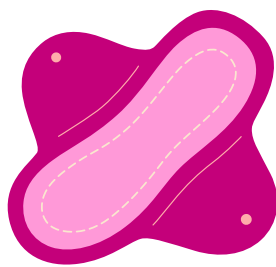
On the go rights-based training at the Youth Corner at Nagojje Health Centre III in Mukono District



52 young girls and single mothers participated in the sessions that day

Liquid soap making training at the Youth Corner at Nagojje Health Centre III in Mukono District

SUPPORT OUR YOUNG PEOPLE AT MALANGALA YOUTH EMPOWERMENT CENTRE



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