

NEWSLETTER

**JAN-
MARCH
2026**



ACTION 4 HEALTH UGANDA

QUARTER ONE IN A NUTSHELL

January to March has been a busy period at Action 4 Health Uganda as we inspire young people to realise their full potential. Catch up on all the activities from January to March 2026.

HIGHLIGHTS

**POWER DEMO
DAY**

**FPCIP REVIEW
WORKSHOP**

**YOUTH TRUCK
PROJECT IS
BACK!**

**TASO-AGYW
PROFILING IN
KYANKWANZI**

**HIV/AIDS
OUTREACH FOR
AGYW IN
BULIISA
DISTRICT**

**TEAMUP YOUTH
SYMPOSIUM**

EMPOWERING YOUNG WOMEN INNOVATORS: 17 ENTREPRENEURS GRADUATE FROM THE POWER INCUBATOR PROGRAM

Article Link: <https://a4huganda.org/blogs/investing-in-innovation-power-cohort-iv-graduates-17-young-women-entrepreneurs/>

Seventeen (17) young women entrepreneurs have successfully graduated from the POWER (Providing Opportunities for Women in Entrepreneurship and Reproductive Health) incubator program, marking the culmination of six months of hands-on training, mentorship, and innovation. At a vibrant pitch event, the finalists

showcased impactful business solutions addressing key health challenges affecting girls and young women. Both the top innovators and other innovators were awarded seed capital to grow their ventures, support to continue their entrepreneurial journeys.



The ladies were judged by an independent panel of three judges, and the rest of the audience was given the opportunity to choose their outstanding innovator. The judges included in order Barbara Kasekende from Uganda Development Bank, Reuben Gasansule from Uganda Development Bank, and Grace Nanyonga, CEO of Grana Fisheries.



C.E.O A4HU Sarah Kintu giving her opening remarks at the demo day



POWER Program Manager, Hassan Waswa addresses the guests and presents about the program



Implemented in partnership with Deutsche Stiftung Weltbevölkerung (DSW), the POWER program continues to nurture a new generation of women-led health innovators transforming communities across Uganda.

FPCIP REVIEW MEETING HELD IN MITYANA DISTRICT



Action 4 Health Uganda under the TeamUp Uganda program convened the Mityana District Family Planning Cost Implementation Plan (FPCIP) 2024/25–2030/31 Progress Review Workshop that brought together civil society, district health leaders, subcounty staff, and Youth Champions to translate FPCIP monitoring findings into actionable subcounty plans and strengthen Family Planning implementation across the district.



Through subcounty-based planning sessions, participants reviewed progress, identified gaps, and developed practical 2026 action plans tailored to local realities, reinforcing ownership and accountability. The workshop also established a district monitoring committee and agreed follow-up plan for coordinated oversight.



These locally driven commitments are especially vital amid global declines in SRHR funding, helping sustain essential Family Planning services and community reach despite shrinking external support.

TASO-AGYW PROFILING IN KYANKWANZI DISTRICT

Media Link:

<https://www.linkedin.com/feed/update/urn:li:activity:7437475866051424256>

Action 4 Health Uganda (A4HU) conducted an Adolescent Girls and Young Women (AGYW) profiling activity in Kigando Subcounty, Kyankwanzi District under a TASO-funded project aimed at reducing HIV infections among girls and young women aged 10–24 years.

Through the outreach, AGYW accessed essential HIV prevention and care services, including testing, PrEP initiation and refills, condom distribution, and linkage to care. So far, 353 young women have been reached out of the 918 targeted, reflecting growing uptake of services when brought closer to the community.



During the outreach, with the help of the Youth Truck, AGYW accessed a range of HIV prevention and support services, including:

- HIV testing services to help participants know their status
- PrEP initiation and refills for those eligible
- Distribution of prevention commodities such as condoms
- Linkage to HIV care and treatment services
- Screening for factors that increase vulnerability to HIV infection



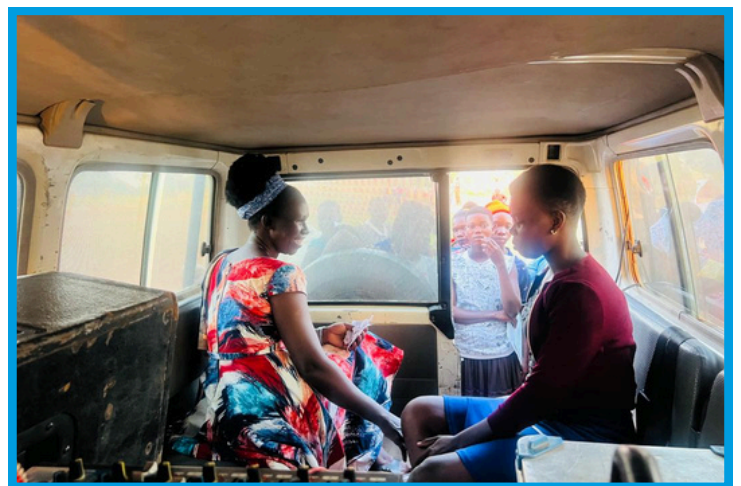
HIV/AIDS OUTREACH FOR AGYW IN BULIISA DISTRICT



Action 4 Health Uganda (A4HU) conducted an HIV/AIDS outreach across Buliisa District, targeting Adolescent Girls and Young Women (AGYW) and their partners, Adolescent Boys and Young Men (ABYM), under a partnership with The AIDS Support Organisation (TASO) Uganda, with financial

support from the Global Fund. Moving from village to village, the team successfully mobilized and enrolled over 920 young women into the program, bringing essential HIV prevention and care services closer to those who need them most.

A standout feature of the outreach was the Youth Truck, whose vibrant, solar-powered public address system draws in young people while serving a critical purpose as a private and secure space for one-on-one counseling and confidential results disclosure.



As one participant shared, *"I really thank A4HU for introducing the youth truck because your results are given when no one else is seeing... it prevents distractions because you are always inside the car."*

SUPERVISION VISIT TO MHM HUB MALANGALA IN MITYANA DISTRICT



A visit to the Malangala Youth Empowerment Center #MHM Hub, alongside partners from Deutsche Stiftung Weltbevölkerung (DSW), offered a powerful glimpse into the progress of reusable pad production since the hub's launch in September 2025. The product is named MARE Pads, short for Malangala Reusable Pads.

Interactions with the production team highlighted not only growing technical skills, but also the transformative impact the initiative is having on their confidence, livelihoods, and sense of purpose.



With strong enthusiasm from the young people and continued support from partners, the hub is steadily advancing menstrual health and dignity for girls and young women in vulnerable communities.

TEAMUP YOUTH SYMPOSIUM AT BONITA TRAINING CENTRE

On 19th March, Action 4 Health Uganda hosted the TeamUp Youth Symposium at the Bonita Training Centre. Several stakeholders from international partners, funders, Mityana District leaders, and youth were in attendance. The young people, beneficiaries of the TeamUp Uganda program, showcased how they had been inspired by the various program activities in health, water, and agriculture.



Betty Najjemba, Production Manager at the MHM Hub in Malangala, Mityana District, speaks about Malangala Reusable (MARE) Pads during the exhibition

Flying Nurse from Butayunja Sub-County Mityana District displays her family planning products during the exhibition



Ssekanyonyi Youth Empowerment Centre(SYEC) exhibition stall displaying SYEC reusable pads.



DSW Chief Program Officer, Angela Bahr, addresses guests at the symposium



CEO Action 4 Health Uganda, Sarah Kintu, addresses the guest at the symposium



Stakeholders pose for a group photo



TeamUp Uganda program International Steering Committee and National Steering Committee members pose for a photo at the symposium photobooth

YOUTH TRUCK: FUTURE ON WHEELS



The Youth Truck project is back in full gear with a new donor POSTCODE LOTERRIE from Germany.

The primary target group of the project is 8,720 young people aged 10–24 years, living in underserved urban, peri-urban, and island communities in Kampala, Wakiso, and Mukono districts slums, fisher communities, and Islands in Kampala, Wakiso and Mukono District.

We welcome collaboration with NGOs, government agencies, private sector partners, and development organizations to jointly deliver impact for young people in Bussi Island.

Together, we can reach unreached and transform lives.

PARTNERSHIP DETAILS HERE: <https://a4huganda.org/events/call-for-partnerships/>




Happy

Easter



INSPIRING YOUNG PEOPLE TO REALISE THEIR FULL POTENTIAL

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