

JUNE 2025 NEWSLETTER



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Bridging Health Gaps: A4HU and PATH Partner to Boost Immunization in Central Uganda

Read more about this here:

<https://www.linkedin.com/feed/update/urn:li:activity:7343645988428877824>

A4HU has partnered with PATH, expanding our scope into the immunization sector to promote Reproductive, Maternal, Newborn, Child, and Adolescent Health (RMNCAH). This program is active in Mityana, Kassanda, and Mubende Districts. Our existing operations in Mityana and Kassanda Districts, through the TeamUp Uganda program, provided a seamless entry point for the new initiative and supported our geographical expansion into Mubende District. This program aims to raise awareness and increase demand for vaccines in the selected districts, thereby preventing vaccine-preventable diseases. This is all thanks to GAVI, The Vaccine Alliance.



Mothers wait for their children's immunization at a health facility in Mityana District.

A Visit That Celebrated Progress and Inspired Hope: Angela Bahr at the Youth-Friendly Corners in Mityana District

Article Link: <https://a4huganda.org/blogs/a-visit-that-celebrated-progress-and-inspired-hope-angela-bahr-at-the-youth-friendly-corners-in-mityana-district/>

During her recent visit to Uganda, Angela Bahr, Chief of Programs at Deutsche Stiftung Weltbevölkerung (DSW), joined Action 4 Health Uganda (A4HU) CEO Sarah Kintu for a field visit to the refurbished Youth Friendly Corners (YFCs) at Malangala and Bulera Health Centre III in Mityana District. These improvements were made possible through funding from the German Federal Ministry for Economic Cooperation and Development (BMZ) under the TeamUp Uganda program, in which A4HU serves as a key implementing partner.



Angela Bahr with Mrs. Sarah Kintu, CEO of A4HU (third from the right), peer facilitators, youth champion, and health worker pose for a photo outside the Youth-Friendly Corner.



Angela Bahr interacts with young people at the Youth-Friendly Corner at Bulera Health Centre III

The visit showcased significant progress in creating inclusive, youth-centered spaces for adolescent health. At Malangala Health Centre III, the delegation was welcomed by peer facilitators, youth champions, and health workers who shared insights into how the YFC serves between 900 and 1,000 young people monthly. Services offered include family planning, STI screening, counseling, immunization, and health education. Thursdays are dedicated to young mothers—an approach that has helped reduce stigma and unsafe abortions by encouraging health-seeking behavior.

Rebecca Nabatanzi, the adolescent health focal person at the facility, expressed deep appreciation: “You’ve helped create a safe space where young people feel respected and empowered.” The visit concluded with a symbolic tree planting ceremony and group photo, marking a shared commitment to adolescent health and community growth.

Peer facilitator Vincent Matovu spoke to the transformation: “TeamUp Uganda has given us skills, confidence, and recognition that are opening new doors.”

Angela Bahr’s visit was a celebration of youth leadership, resilience, and the transformative power of safe, supportive health spaces.



Angela Bahr interacts with Rebecca Nabatanzi, the focal health worker for Adolescent Health at Malangala Health Centre III

Action 4 Health Uganda (A4HU) holds first Board Advisory Committee meeting



Angela Bahr in a group photo with the Board Members and Board Advisory Committee Members

On June 19, 2025, Action 4 Health Uganda (A4HU) held the inaugural meeting of its newly established Board Advisory Committee. The committee was established to offer professional guidance and expert insight, thereby strengthening the Board's strategic direction. The meeting brought together seasoned professionals from the fields of sexual and reproductive health and rights (SRHR), population, and public health. It marked a significant step toward deepening A4HU's commitment to empowering young people and expanding its impact through informed, expert-led decision-making.

Shaping the Future: CSOs and Kassand District Leaders Align for Youth Empowerment

On June 24, 2025, Civil Society Organizations (CSOs) operating in Kassanda District convened at the District Headquarters for a quarterly CSO Steering Committee Meeting under the TeamUp Uganda project. Coordinated by Action 4 Health Uganda (A4HU), Hanns R. Neumann Stiftung (HRNS), and Whave Solutions, the meeting fostered collaboration between local CSOs and the district leadership to enhance community impact.

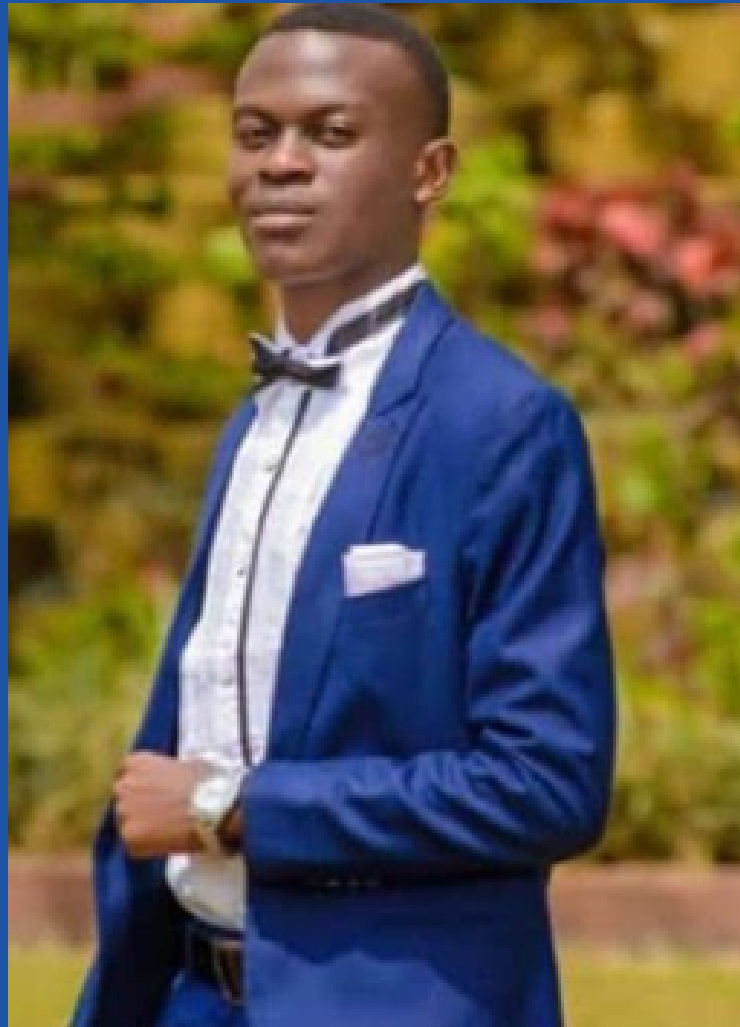
The District Community Development Officer (DCDO) commended CSOs for their contributions and encouraged continued alignment with the district's vision of transforming Kassanda into a modern, competitive community. Key district expectations included timely reporting, renewal of operational documents, and participation in district-led initiatives such as the Day of the African Child celebrations. TeamUp Uganda partners shared progress, including the operational Youth Empowerment Centres in Kamuli and Myanzi, which offer health education, peer support, and service referrals. Youth are also receiving training in agronomy, with a value addition facility established in Kyoga. Whave Solutions reported sustained access to clean water through preventive borehole maintenance. The availability of clean water facilitates menstrual hygiene for young girls and women, among other health benefits.



The project officer -Youth Organization Development sharing the impact of TeamUp to the committee.

Other participating CSOs showcased diverse contributions, from vocational training (CARITAS) and climate action (Restore Africa), to education and legal aid for vulnerable children and families. Challenges like lack of office space at Kamuli YEC were acknowledged, with the district pledging follow-up. The meeting underscored the importance of coordinated efforts, active reporting, and inclusive planning—key to driving youth empowerment and community transformation in Kassanda.

NEW EMPLOYEE ALERT



Leonard Reagan Kulubya joined the team in June as the SRHR Advocacy Officer of Action 4 Health Uganda under the TeamUp Uganda program. He comes with a wealth of experience having been a part of the Empower Youth Project (EYP) as a peer educator under the Kampala Youth Empowerment Centre. Reagan is also a youth-SRHR Advocate and menstrual hygiene management champion.

Welcome aboard, Reagan! We look forward to the great work you are to do in the journey of inspiring young people to realise their full potential.

QUARTER 2 IN A NUTSHELL

Improving access to and utilization of quality sexual and reproductive health (SRH) services for young people

- Conducted two integrated health outreaches in Bulera and Kakindu sub-counties of Mityana District. A total of **902** individuals (**570 females, 332 males**) accessed SRHR services.
- Six schools committed budget allocations to improve Menstrual Hygiene Management (MHM) following governance meetings with headteachers, SMC chairpersons, and PTA members. These sessions led to the development of school-specific MHM action plans, addressing gaps in WASH infrastructure, supply availability, and private changing spaces.
- Upgrades were completed at four Youth-Friendly Corners (Kalangaalo HC III, Malangala HC III, Bulera HC III, Mpongo HC III), including the installation of gutters for rainwater harvesting and the provision of furniture (40 benches, 8 tables, 16 chairs), improving functionality for youth engagement.
- 80 teachers (40 male, 40 female) were trained to deliver age-appropriate, gender-sensitive SRH and MHM content

Promotion of economic empowerment among young people to achieve sustainable development.

- Graduated and launched 10 SRH-focused startups from POWER Cohort III on May 21, 2025, with support from the Social Innovation in Health Initiative (SIHI).
- Linked 10 new startups to the POWER Multi-sectoral Investment Fund and alumni mentorship network. Out of 20 startups initially onboarded in this cohort, 15 completed the program and graduated, while 5 exited due to personal commitments.
- Developed a tailored POWER Accelerator Curriculum for Uganda, featuring 15 modules and 139 sessions. Ten printed reference copies were distributed to business coaches.
- Five business coaches delivered a mix of virtual and in-person coaching to POWER Cohort III participants, supporting their business planning, pitch development, and strategic growth.

Improving the effectiveness and efficiency of youth governance and leadership structures to deliver their mandate.

- 78 youth clubs across 12 sub-counties received ongoing supervision and mentorship from 54 peer facilitators, who provided guidance on session management, reporting, referral systems, and handling SRHR-related cases.
- Held seven biannual youth leadership meetings in the new sub-counties of Ssekanyonyi, Kikandwa, Myanzi, Kamuli, Butayunja, Kakindu, and Namungo, reaching 92 youth leaders (47 male, 45 female) from 40 youth clubs. Topics included leadership, financial management, reporting, and community partnership building.
- Conducted monitoring visits to 13 youth clubs, reaching 491 participants (234 female, 257 male). Mentorship covered conflict resolution, Village Savings and Loan Association (VSLA) management, and strategies for sustainability, including forming partnerships with local NGOs and identifying income-generating opportunities.



INSPIRING YOUNG PEOPLE TO REALISE THEIR FULL POTENTIAL

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